AberGrad Skills Checklist – First Year Undergraduate Students

Studying for your degree will give you a lot of skills that you can use in other areas of your life and also in the future after you have graduated. In the same way, you will develop skills as a result of your extra-curricular activities that will also be useful to you in your academic work. Complete the table below as you progress through the year to see what skills you have.

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| ***Things I’ve done*** | ***Skills I’ve developed*** | ***How I developed the skills*** |
| ***Degree Course*** |  |  |
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| ***Departmental Activities*** |  |  |
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| ***Clubs, Societies and Sports*** |  |  |
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| ***Hobbies and other Interests*** |  |  |
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| ***Part-time Work*** |  |  |
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| ***Other Experiences before University*** |  |  |
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