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wisdom  
wellbeing



# Legal information and guidance

Free 24-hour confidential helpline

# Legal information and guidance

The HA | Wisdom Wellbeing 24/7 confidential helpline and Wisdom app give you access to legal information and guidance on a wide range of issues including personal, financial, and legal matters.

Our in-house legal advisors are fully trained and have extensive experience in providing immediate support to individuals in their time of need. The HA | Wisdom Wellbeing legal team will assist with a wide range of issues by providing information on legal processes, obligations, and liabilities, enabling you to identify your next step and make informed decisions about the best way to resolve the issue at hand.

## Common reasons for calling include:

- |                              |                      |                            |
|------------------------------|----------------------|----------------------------|
| ♥ Consumer rights            | ♥ Medical negligence | ♥ Landlord and tenant      |
| ♥ Family and matrimonial law | ♥ Motoring offences  | ♥ Housing and property law |
| ♥ Childcare and eldercare    | ♥ Personal injury    |                            |
| ♥ Civil litigation           | ♥ Wills and probate  |                            |

## We provide guidance and signposting for debt and money management including:

- |                              |                           |                         |
|------------------------------|---------------------------|-------------------------|
| ♥ Budgeting                  | ♥ Debt management plans   | ♥ Mortgage advice       |
| ♥ Buying or renting property | ♥ County court judgements | ♥ Equity release        |
| ♥ Negotiating with creditors | ♥ Benefits and grants     | ♥ Financial calculators |

The reasons listed above are examples- our legal support service covers a wide range of topics, and your call will never go unanswered. The HA | Wisdom Wellbeing 24/7 confidential helpline makes it easy for you to access support, information, and counselling as a fully integrated package. We have a range of resources available on our Wisdom app, giving you access to tools that promote a healthy lifestyle and greater wellbeing.

## Download the Wisdom App

Unique code:

