

# CARER (Community and Rural Education Route)

## Aberystwyth

Callum Wood

*'Please consider coming to study in Aberystwyth. If you put yourself out there, get involved and ask questions, I'm sure you will have the time of your life'*

### What is CARER?

A year long optional placement in a GP practice and hospital in Aberystwyth

### What does a normal week look like?

- 3 days in a GP surgery
- 1 day teaching
- 1 day SSC project
- 4 weeks in Bronglais Hospital
  - A&E / Surgery

### Why Aberystwyth?

- Scenery is beautiful
- Greatest number of pubs per square mile in the UK
- Get to feel a part of the community

### Learning Points

- Learn how to manage chronic diseases in the community
- See many patients from all demographics, including:
  - Oncology patients
  - Paediatric
  - Ophthalmology
  - Dermatology
  - ENT

### Extra Opportunities?

1:1 learning

Holding your own clinics

Communication and examinations skills

Document, refer

If you feel like more hospital placement is needed, there is opportunity to attend more days at the hospital in a variety of specialties.

### Will I be at a disadvantage to colleagues doing 3<sup>rd</sup> year as normal?

No! Medicine can be learnt in many different ways. You will be “learning on the job” and seeing conditions from a wide range of specialties. The wide range of conditions you see in GP may mean you cover more information for Progress Tests. You have much more independence, so you learn quicker.

