

# Care first

## COVID-19 Weekly Publicity Calendar

Weekday	Daily Theme	Article	Webinar
<b>Monday</b> MAY 25, 2020	BANK HOLIDAY		
<b>Tuesday</b> MAY 26, 2020	Woebot	A guide to Woebot	<b>Guest Speakers:</b> James Murray & Sarah Pajarito from Woebot introduce 'Woebot: Your friendly AI emotional assistant' <b>TIME:</b> 4pm–4.45pm <b>LINK:</b> <a href="https://attendee.gotowebinar.com/register/8817708728312916751">https://attendee.gotowebinar.com/register/8817708728312916751</a>
<b>Wednesday</b> MAY 27, 2020	New Routines After Lockdown	New Routines After Lockdown	'New Routines After Lockdown' <b>TIME:</b> 12pm-12.30pm <b>LINK:</b> <a href="https://attendee.gotowebinar.com/register/8314914155597848590">https://attendee.gotowebinar.com/register/8314914155597848590</a>
<b>Thursday</b> MAY 28, 2020	Resilience	Improving Resilience during and after Lockdown	'Resilience, what is it? How do we build it?' <b>TIME:</b> 11am-11.30am <b>LINK:</b> <a href="https://attendee.gotowebinar.com/register/8424425513724275981">https://attendee.gotowebinar.com/register/8424425513724275981</a>
<b>Friday</b> MAY 29, 2020	Productivity	Coping with the pressure to be productive during Lockdown	'Coping with the pressure to be productive during Lockdown' <b>TIME:</b> 11am-11.30am <b>LINK:</b> <a href="https://attendee.gotowebinar.com/register/1663020540159788304">https://attendee.gotowebinar.com/register/1663020540159788304</a>

Please note that these themes and events may be subject to change as the situation develops.