

Top Tips for a 'fitter' financial future following lockdown

With lockdown slowly lifting, it could come with a cost – shops are welcoming customers again, food outlets and coffee shops have turned their tills back on, and the roads are getting busier, meaning we may all start spending again.

Care first COVID-19 Webinar Friday 26th June 2020 12.00 noon

'Sorting out' your financial health' never rang more true than in 2020 when for many, financial wellbeing took on new significance – it either became about making the most of what you have to secure a future in an insecure world, or simply survival during a predicted global recession.

During this webinar, James Malia from Wealth Wizards, creators of MyEva, a digital personality who chats to employees to help them improve their financial wellbeing, will be offering guidance on how to take little steps to improve how you handle your finances, making your money fitter, and what positive learnings can we take from the current crisis to ensure we manage our money better moving forward.

Everyone is different. James will share his view that draws a parallel between financial fitness and physical fitness. How do we gain the right amount of motivation to break a few financial and fitness bad habits, and keep it going.

James will get you started and share his perspective on the financial equivalent of leaving the sofa and shedding some of that financial lockdown weight gain to move to better times.

This webinar is for everyone, regardless of financial status.

To join or register for this webinar, please click on the link below:

<https://attendee.gotowebinar.com/register/2150008534368487696>

If you are unable to join the webinar live, a recording of the session can be accessed using the same link above after the webinar has taken place.