

1 **'Communication'**

All week. Education Room, National Library of Wales

An exhibition of art work, mostly photographic, created by the students of Plas Lluest. It is based on each individual's personal response to an exhibition held last year in the Library's main gallery, consisting of items relating to communication from the NLW collection.

2 **Van Gogh's Art by Primary School children**

All week. Education Room, National Library of Wales

A teaching session about the artist Van Gogh has had a positive effect on their learning and school work. This is a demonstration of the National Library's success with their "Turner on Tour" project, which enhanced learning in schools through the medium of art.

3 **What the patient sees...**

All week. Canteen, Bronglais Hospital

An illustration of the visual perception of undergoing cataract surgery as drawn by artists who have undergone the procedure. There are paintings illustrating the improvement in vision following surgery and also the experience of colour blind artists.

4 **Wood, Down, Farm and Field: Art in the Aftermath**

All week. School of Art

The themes, media and manner of execution of the interwar prints and drawings are often interpreted as manifestations of a reaction to the devastating effects of the First World War, a counteraction to modernism and a return to perceived and consoling ancient traditions. The exhibition will explore and question this assumption.

5 **Exhibitions:**

Marged Pendrell, Vessels: land and sea

Tjibbe Hooghiemstra, Paintings, 'Sandy Island'

All week. Gas Gallery

6 **"The artistic genius of Van Gogh"**

Tuesday 10th June, 12.30pm

Thursday 12th June, 7.00pm, Lecture

Drwm, National Library of Wales

7 **Tenovus manvan**

Tuesday 10th June. All day. Parked by the Arts Centre

It will bring one to one counselling, couples' counselling, group support and welfare rights advice to men living with or affected by prostate or testicular cancer.

<http://www.tenovus.org.uk/manvan>

8 **Posters & Talk – "Diagnosing prostate cancer: Ultrasound and magnetic resonance imaging"**

Tuesday 10th June, 11.00am–3.00pm

Arts Centre

9 **Art therapy classes – "Dementia in imagination"**

Tuesday 10th June, 10.00am–11.30pm

Friday 13th June, 2.00pm–3.30pm

Aberystwyth Public Library

Creative craft workshop for people with Dementia.

Booking contact: Sally Corlett – Mobile: 07810 505 117

Landline: 01970 635 369. Available to take calls 8am to 5pm.

10 **Out on the Town**

Wednesday 11th June, 1.00pm–2.00pm

Ceredigion Museum

A Lunchtime Talk about reminiscence and a chance to take a look at our new 'retro' discovery boxes. Leisure time has become an essential part of everyone's 'down time' and our memories of going 'Out on the Town' are often those that stay with us the longest.

11 **Professor Marmaduke Salt's Victorian Electro-medical Experience**

Thursday 12th June, 1.00pm (30 mins)

Ceredigion Museum

Many Victorians thought that electricity was the stuff of life and that the human body was a kind of electrical machine. For this event you will travel back in time to the 1890s to hear the eminent Professor Salt explain the relationship between electricity and health – with practical demonstrations.

12 **Cyrff Ystwyth 'The Old Days'**

Thursday 12th June, 7.30pm

Friday 13th June, 7.30pm

Emily Davies Studio, Parry Williams Building

Cyrff Ystwyth presents 'The Old Days': This dance-theatre is a personal piece that draws on a number of different influences. Amongst the themes that underpin the work are beauty, love and the adventure of growing up in a specific place and specific family. Cyrff Ystwyth create dance-theatre work by people with learning disabilities that contributes to research in the Department of Theatre, Film and Television Studies.

Booking contact: mma@aber.ac.uk



Art Trail

"The Art and Science of Well-being"

9th-16th June 2014



Department of Psychology
Aberystwyth University



Ceredigion has at its heart two key elements that support and enhance well-being. A supportive community, and a landscape of outstanding beauty, are both central to the quality of life experienced by the people of mid-Wales. With common goals come common and powerful endeavour. Aberystwyth University, and Hywel Dda University Health Board, have collaborated to develop this Art Trail for Universities UK Week 2014. The Art Trail brings together elements of the work of our local organisations to illustrate how History and Memory, Art and Movement and Health and Human Society are all parts of a rich and engaging celebration of the work and enthusiasm of those who live and thrive in Ceredigion.

With thanks to CAVO, Haul Arts in Health, Cryff Ystwyth, Ceredigion Museum, Gas Gallery, Tenovus NLW and many other people who have helped with this project.

Art Trail event locations

- 1, 2 & 6 – National Library of Wales, events
- 3 – Bronglais Hospital Canteen, event
- 4 – School of Art, event
- 5 – Gas Gallery, event
- 7 & 8 – Arts Centre, events
- 9 – Aberystwyth Public Library, event
- 10 & 11 – Ceredigion Museum, events
- 12 – Parry-Williams Building, event