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AberSkills

Top tips for effective revision and exam preparation

as recommended by fellow students!

**Take
regular
breaks**

**Practice
answering
exam
questions**

Revise in
short
chunks - 30
mins at a
time and
take
breaks.

**Plan your
revision
time**

Arrive
early to
the
exam

**Test
yourself**

Put your
mobile
phone
away when
revising

**Start early!
Try not to
cram revision
- create a
timetable.**

Avoid your phone -
use the Flora* or
Forest* app to lock
yourself out of your
phone for a set
amount of time.

**Get plenty
of sleep
the night
before the
exam.**

**Answer the
questions you
know first in the
exam and then go
back to the ones
you're unsure of
at the end.**

Know exactly
WHEN and
WHERE the
exam is taking
place.

**Get fresh air
and exercise -
you can't
revise all day,
every day.**

Once the exam is
finished - forget
about it. Don't
look back at how
you could have
answered a
question
differently.

**If you don't know
the answer to the
question, don't
waste time on it.
Move on to the
next one and go
back later.**

Read the exam
question
carefully before
you start writing
- set out how
much time you
have to answer
each one.

Leave time at the
end of the exam
to have a quick
read through of
your answers

**Flashcards -
repetitively test
yourself on key
facts. Shuffle
the cards each
time to check
you really know
the content.**

**Don't go
highlighter
crazy with your
revision notes!
Select relevant
and smaller
chunks/terms.**

Get organised -
know exactly
what and when
you're going to
revise.

***Further information:**

Flora app: <https://flora.appfinca.com>
Forest app: <https://forestapp.cc>

www.aber.ac.uk/en/aberskills/exams/