

Here is your programme for the Big Welcome Weekend and Orientation Week. The events over this period are designed to welcome you to the University and to ease your transition into university life.

Our aim, over the Big Welcome Weekend, is to help you settle into your accommodation, begin to find your way around your new home and provide you with opportunities to socialise and start making new friends.

During Orientation Week you will register as a student of the University and have a number of meetings with your academic department. There will also be events taking place during this week to enable you to explore the opportunities that our friendly community offers.

More detailed information can be found at www.aber.ac.uk/orientation-daily and www.aber.ac.uk/orientation-dept

Find locations on the campus map inside the back cover

#### **Useful Contacts**

#### **Accommodation Office**

- 36) Y Sgubor, Fferm Penglais
- Monday Friday 9.00 17.30
- Tel: (24 hours) 01970 622900
- @ accommodation@aber.ac.uk

#### Students' Union

- Penglais Campus
- Tel: 01970 621700
- @ union@aber.ac.uk
- Library and Information Services
- (4) Hugh Owen Library, Penglais Campus
- Tel: 01970 622400
- @ is@aber.ac.uk
- XX Sports Centre
- Penglais Campus
  - Tel: 01970 622280
- @ sports@aber.ac.uk
- www.aber.ac.uk/welcome



# Friday, 20th September

#### ( Key Collection

Collect your room key and Aber Card (all students living in University accommodation).

- 4 From 9.00 open 24 hours
- 2 Great Hall, Arts Centre, Penglais Campus

#### Information Fair

Drop in at any time to find out more about the University's support services including:

- · Academic information
- · Payment of fees
- Health, welfare, disability, specific learning needs
- International Student Experience
- · Employment opportunities and skills
- Welsh for Adults and Lifelong Learning Courses
- · Sports Centre
- 9.00 18.00
- 2 Arts Centre, Penglais Campus

#### Biometric Residence Permit Collection

9.00 - 17.30

Post Office, WHSmith, Terrace Road, Aberystwyth

Library and Information Services

Pop in to see what services we offer.

- 8.30 22.00
- Library Tours
- 12.00; 13.00; 14.00; 15.00
- 4 Hugh Owen Library, Penglais Campus
- Remember to re-fill your water bottle. Refill not landfill.

#### Sports Centre Tours and Inductions

Regular 30 minute tours providing you with the information and induction that you need to use our equipment.

- 10:00; 11:00; 12:00; 13:00; 14:00; 15:00; 16:00
- FREE Swimming and Classes

**FREE** access all week for every student to Sports Centre classes and the swimming pool.

- 7:15 21:15
- For the full timetable and swimming times visit:

  www.aber.ac.uk/en/sportscentre
- Sports Centre, Penglais Campus

#### Welcome Quiz

A chance to meet new people, get to know more about the Students' Union and win some awesome prizes.

- 20.00
- (12) Students' Union, Penglais Campus

#### Parti Pwnsh UMCA Punch Party

An opportunity for Welsh speaking students and learners from all academic years to socialise. Organised by UMCA.

19.30

Yr Hen Lew Du, Bridge Street, Aberystwyth

# Aber Town v Caernarfon Town Football Match

Support your local football team with a FREE Season Ticket for all students living in University Halls of Residences. Your Season Ticket will be in your bedroom desk upon your arrival – keep it safe!

(1) 19.45 kick-off

Aberystwyth Town Football Club, Park Avenue, Aberystwyth



# Saturday, 21st September

#### ( Key Collection

Collect your room key and Aber Card (all students living in University accommodation).

- 4 Until 18.00
- Great Hall, Arts Centre, Penglais Campus
- From 18.00 open 24 hours
- Accommodation Office,
  Y Sgubor, Fferm Penglais, SY23 3FH



#### Information Fair

Drop in at any time to find out more about the University's support services including:

- Academic information
- · Payment of fees
- Health, welfare, disability, specific learning needs
- International Student Experience
- Employment opportunities and skills
- Welsh for Adults and Lifelong Learning Courses
- · Sports Centre
- 9.00 18.00
- 2 Arts Centre, Penglais Campus

#### Biometric Residence Permit Collection

9.00 - 17.30

Post Office, WHSmith, Terrace Road, Aberystwyth

#### Students' Union Information Desk

We can tell you all you need to know about joining a sports club or society; evening events; buying a Bus Pass or getting discounts using Totum (previously NUS Extra).

- 10.00 17.00
- (12) Students' Union, Penglais Campus

#### Sports Centre Tours and Inductions

Regular 30 minute tours providing you with the information and induction that you need to use our equipment.

- 10:00; 11:00; 12:00; 13:00; 14:00; 15:00; 16:00
- FREE Swimming and Classes

**FREE** access all week for every student to Sports Centre classes and the swimming pool.

- 7:15 21:15
- For the full timetable and swimming times visit: www.aber.ac.uk/en/sportscentre
- 9 Sports Centre, Penglais Campus
- Library and Information Services

Pop in to see what services we offer.

- 8.30 22.00
- Library Tours
- 12.00; 13.00; 14.00; 15.00
- 4 Hugh Owen Library, Penglais Campus

#### Tours of the Old College

4 12:00 and 15.00

Old College, King Street, Aberystwyth

www.aber.ac.uk/oldcollege

#### The Big Sale

Pick up all sorts of second hand household bits that you might not have had room to bring with you – from kitchen utensils to cushions.

10.00 - 15.00

#### Lock and Key Party

21.00

- (12) Students' Union Penglais Campus
- www.abersu.co.uk



Look out for the A Team who will answer your questions and give you any help you may need.

## Sunday, 22<sup>nd</sup> September

#### ( ) Key Collection

Collect your room key and Aber Card (all students living in University accommodation).

- Open 24 hours
- Accommodation Office,
  Y Sgubor, Fferm Penglais, SY23 3FH

#### **Student Information Point**

Drop in at any time with any questions or concerns.

- 10.00 16.00
- 2 Arts Centre Foyer, Penglais Campus

#### Students' Union Information Desk

We can tell you all you need to know about joining a sports club or society; evening events; buying a Bus Pass or getting discounts using Totum (previously NUS Extra).

- 10.00 17.00
- 12) Students' Union, Penglais Campus

#### Welcome Ceremony fo International Students

Official welcome for all international students followed by lunch.

- 10.30
- (2) Great Hall, Arts Centre, Penglais Campus

#### Sunday Lunch Offer

For only £3.50 you can enjoy a Sunday lunch carvery.

- <u>12.00 14.00</u>
- (15) Tamed Da, Penbryn, Penglais Campus

# Welcome Lunch for Welsh Speakers and Learners

An opportunity for Welsh speaking students and learners to socialise, meet their departmental staff and to learn more about the scholarships available for studying through the Welsh language.

- 13.30
- (15) Medrus, Penbryn, Penglais Campus

#### Library and Information Services

3

Pop in to see what services we offer.

8.30 - 22.00



- Library Tours
- 12.00; 13.00; 14.00; 15.00
- (4) Hugh Owen Library, Penglais Campus

#### Tours of the Old College

- ① 10.30; 12.00; 13.30; 15.00 Old College, King Street, Aberystwyth
- www.aber.ac.uk/oldcollege

# International Students Meet and Greet

See page 5 for details.

14.00 - 16.00

#### **Pool Competition and Bingo**

- 20.00
- Students' Union, Penglais Campus
- www.abersu.co.uk

#### Welsh Language Quiz

An opportunity for Welsh speaking students and learners from all academic years to socialise. Organised by UMCA.

19.30

Yr Hen Lew Du, Bridge Street, Aberystwyth

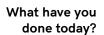
#### **➢** FREE Swimming and Classes

**FREE** access all week for every student to Sports Centre classes and the swimming pool.

- 7.15 21.15
- For the full timetable visit:

  www.aber.ac.uk/en/sportscentre
- Sports Centre, Penglais Campus

# Orientation Week





# 23<sup>rd</sup> - 27<sup>th</sup> September - Regular Events

#### (?) Key Collection

Collect your room key and Aber Card (all students living in University accommodation).

- From 9.00 17.30
- Accommodation Office, Y Sgubor, Fferm Penglais, SY23 3FH
- From 17.30 9.00 (the following day)
- Campus Reception, SY23 3FL

#### Sports Centre Tours and Inductions

Regular 30 minute tours providing you with the information and induction that you need to use our equipment.

All new students should attend at least one tour.

10.00; 11.00; 12.00; 13.00; 14.00; 15.00; 16.00 daily

#### FREE Swimming and Classes

FREE access all week for every student to Sports Centre classes and the swimming pool.

- 7.15 21.15
- For the full timetable and swimming times visit: www.aber.ac.uk/en/sportscentre
- Sports Centre, Penglais Campus



We can tell you all you need to know about joining a sports club or society; evening events; buying a Bus Pass or getting discounts using Totum (previously NUS Extra).

- 10.00 17.00
- (12) Students' Union, Penglais Campus

#### Library and Information Services

Pop in to see what services we offer so you can make the best use of them during your time here:

- · Collection of your Aber Card (for students not living in University accommodation)
- Help in activating your email account and connecting your devices to the University
- · Upload a digital photo for your Aber Card and Student Record
- Sale of network cables
- · Use of library and computing facilities
- 8.30 22.00
- Hugh Owen Library, Penglais Campus

#### Library Tours

Regular 30 minute tours designed to:

- Welcome you to your library and help you find your way round
- · Briefly introduce you to facilities and services based in the library
- · Ensure you know where to find help and support

All new students should attend at least one

- See daily listings for times
- 4 Hugh Owen Library, Penglais Campus

#### Student Support Services

If you're feeling a bit overwhelmed following your arrival at university or simply have some enquiries, our staff are here to help. www.aber.ac.uk/en/student-support

- 9.00 17.00
- Ground Floor Reception, Student Welcome Centre, Penglais Campus
- For information about out of hours support visit:

www.aber.ac.uk/out-of-hours-support

If you are feeling homesick, shy, lonely or just a bit overwhelmed, following your arrival at the University, Wellbeing Walk-in provides a quiet safe space where you can chat to experienced staff, find out which University services can help you, and have a break from the hustle and bustle of Welcome Week. Feel free to drop in.

See daily listings for times and locations

#### Payment of Fees

Payment in cash/cheque can be made in person at the Cash Office which is located on the second floor of the Student Welcome Centre.

- 9.00 16.00
- Second Floor Reception, Student Welcome Centre, Penglais Campus

Come and find out about all the important things you need to do during your first year here. Fun competitions to enter, prizes to win, selfies to take and freebies to collect.

- 9.00 16.00
- Students' Union Building, Penglais Campus

#### Meet and Greet - Students' Union

Meet and Greets are for different groups of students, giving you the opportunity to chat to people with similar experiences to you. You'll be given useful information to help you settle in to Aberystwyth, have a safe space to chat about any worries and learn what the Union has to offer.

- See daily listings for times
- Students' Union Building, Penglais Campus

#### Registration Helpdesk

Drop by for advice on completing registration.

- Hugh Owen Library Foyer
- Monday 11.00 - 16.00 Tuesday 9.00 - 17.00 Wednesday 9.00 - 13.00
- Academic Registry, First Floor, Cledwyn Building, Penglais Campus
- Wednesday 14.00 17.00 Thursday 9.00 - 17.00



# Monday, 23<sup>rd</sup> September

#### Student Information Point

Drop in at any time with any questions or concerns.

- 8.30 16.00
- 2 Arts Centre Foyer, Penglais Campus

#### Welcome Talks (Compulsory)

A welcome talk for new undergraduate students by the Faculty Pro Vice-Chancellor.

- 9.00: Faculty of Business and Physical Sciences (Business School; Computer Science; Mathematics; Physics; Information Studies)
- Great Hall, Arts Centre, Penglais Campus
- 10.00: Faculty of Earth and Life Sciences (Geography and Earth Sciences; Institute of Biological, Environmental and Rural Sciences; Psychology)
- Great Hall, Arts Centre, Penglais Campus
- 11.00: Faculty of Arts and Social Sciences
  (Art; Education; English and Creative
  Writing; History and Welsh History;
  International Politics; Law; Modern
  Languages; Theatre, Film and Television
  Studies; Welsh and Celtic Studies)
- (2) Great Hall, Arts Centre, Penglais Campus

# International Student Document

Bring along your original documents for checking and scanning.

- 10.00 12.00 and 14.00 16.00
- Medrus 4, Penbryn, Penglais Campus
- Library and Information Services

Pop in to see what services we offer.

- 8.30 22.00
- Library Tours
- 11.00; 12.00; 13.00; 14.00; 15.00
- 4 Hugh Owen Library, Penglais Campus



Don't forget to attend your departmental events!

#### Students' Union Fair

A 2-day showcase of what Aber has to offer!

Full of sports clubs, societies and local organisations. Students can join a sports team, meet friends in a society and pick up freebies and local info all in one place.

# Make sure you visit on both days as exhibitors will differ.

FREE PHOTO - We'd love to hear about your time at Aber! The Your Voice Matters Team are in the marquee for Welcome Week with our Photobooth, and would welcome your feedback about your Aber experience. Collect your FREE photo to take away with you to commemorate your first few days with us, or your first few days back with us as a returning student.

- 9.30 16.00
- Students' Union and Marquee, Penglais Campus

#### FREE 'Bag-for-Life'

Visit the University Bookshop and pick up your FREE bag-for-life. Also, 10% off EVERYTHING (excluding sale items) in the bookshop – today only!

- 10.00 18.00
- 2 University Bookshop, Arts Centre, Penglais Campus

#### FREE slice of pizza / wrap

All you have to do is show us that you have the Nosh app on your phone!

- 12.00 15.00
- Nosh Bar, Students' Union Penglais Campus

What have you done today?

#### **Sports Centre Tours and Inductions**

Join a **FREE** 30 minute tour providing you with the information and induction that you need to use our equipment.

- (10.00; 11.00; 12.00; 13.00; 14.00; 15.00; 16.00)
- Sports Centre, Penglais Campus

#### Student Support Services

If you're feeling a bit overwhelmed following your arrival at university or simply have some enquiries, our staff are here to help.

See back page for details.

- 9.00 17.00
- Ground Floor Reception, Student Welcome Centre, Penglais Campus
- For information about out of hours support visit:

www.aber.ac.uk/out-of-hours-support

#### Wellbeing Walk -in

Drop in session - further details on page 5.

- 13.00 15.00
- 4 Hugh Owen Library and
- Students' Union, Penglais Campus

#### **Headphone Disco**

- 20.00
- (12) Students' Union, Penglais Campus
- www.abersu.co.uk

#### Protect yourself and your stuff!



Have you taken steps to make sure you protect yourself and your stuff while in University? Use our handy checklist to help you stay safe.

- Get contents insurance
- Close and lock all doors whenever going
- Buy a good quality bike lock and use itInstall security software on your laptop/
- Add a reputable taxi number to your contacts
- Turn up your social media security settings
- Think of the consequences before posting words or photos on social media
- Install the 'find my phone' app
- Consider getting a personal alarm
  - To report a crime call us on 101, or 999 in an emergency



 $\Box$ 

# Tuesday, 24th September



Today's the day to register on your academic course!

#### **Undergraduate Registration**

First Year Degree Students and Foundation Year Students.

Great Hall, Arts Centre, Penglais Campus

<u>(1)</u>	Surname	Time
	A - B	9.05 - 9.30
	C - D	9.45 - 10.10
	E - G	10.25 - 10.50
	H-J	11.05 - 11.30
	K-L	11.45 - 12.10
	M - O	14.00 - 14.25
	P - R	14.40 - 15.00
	S - T	15.15 - 15.40
	U - Z	15.55 - 16.20

#### Students' Union Fair

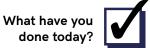
A 2-day showcase of what Aber has to offer!

Full of sports clubs, societies and local organisations. Students can join a sports team, meet friends in a society and pick up freebies and local info all in one place.

# Make sure you visit on both days as exhibitors will differ.

FREE PHOTO - We'd love to hear about your time at Aber! The Your Voice Matters Team are in the Marquee for Welcome Week with our Photobooth, and would welcome your feedback about your Aber experience. Collect your FREE photo to take away with you to commemorate your first few days with us, or your first few days back with us as a returning student.

- 9.30 16.00
- Students' Union and Marquee, Penglais Campus



# Bring along your reusable cup and get a FREE coffee or tea

- 9.00 16.00
- 12) Brewsion, Student's Union, Penglais Campus

#### FREE Samples

Free samples of breakfast items - bacon roll, Danish pastry and vegan croissants.

9.00 - 10.30

Try our home made pots of pasta and sauce along with our new range of pasties and pies.

- 11.00 14.00
- Students' Union Foyer, Penglais Campus

#### Library and Information Services

Pop in to see what services we offer.

- 8.30 22.00
- Library Tours
- 11.00; 12.00; 13.00; 14.00; 15.00
- 4 Hugh Owen Library, Penglais Campus

# International Student Documen

Bring along your original documents for checking and scanning.

- 10.00 12.00 and 14.00 16.00
- Medrus 4, Penbryn, Penglais Campus

#### Wellbeing Walk -i

Drop in session - further details on page 5..

- 13.00 15.00
- 4 Hugh Owen Library and
- Students' Union, Penglais Campus

#### Bierkeller

- 20.00
- (12) Students' Union, Penglais Campus
- www.abersu.co.uk

# Wednesday, 25<sup>th</sup> September

#### **Undergraduate Registration**

Registration for 2nd, 3rd, 4th and 5th Year Degree and Final Year Foundation Degree Students.

(2) Great Hall, Arts Centre, Penglais Campus

## Surname Time

A - J 9.15 - 10.15 K - Z 10.30 - 11.30



# International Student Document

Bring along your original documents for checking and scanning.

- 10.00 12.00 and 14.00 16.00
- (15) Medrus 4, Penbryn, Penglais Campus

#### Library and Information Services

Pop in to see what services we offer.

- 8.30 22.00
- Library Tours
- 11.00; 12.00; 13.00; 14.00; 15.00
- (4) Hugh Owen Library, Penglais Campus

#### Wellbeing Walk-in

Drop in sesion - further details on page 5.

- 13.00 15.00
- 36 Y Sgubor, Fferm Penglais

#### 

Come along and try our fresh soups in a sample giveaway.

(27) IBERS Building, Penglais Campus

#### FREE Swimming and Classes

**FREE** access all week for every student to Sports Centre classes and the swimming pool.

- 7.15 21.15
- For the full timetable and swimming times visit:

  www.aber.ac.uk/en/sportscentre
- (9) Sports Centre, Penglais Campus

# Sports Centre Tours and Inductions

Join a **FREE** 30 minute tour providing you with the information and induction that you need to use our equipment.

- 10.00; 11.00;12.00; 13.00; 14.00; 15.00; 16.00
- Sports Centre, Penglais Campus

#### Meet and Greet - Students' Union

See page 5 for details.

13.00 - 15.00

Women's Meet and Greet

15.00 - 17.00 **LGBTQ+** (Lesbian, Gay, Bisexual, Trans, Queer/Questioning, and others) students

Students' Union Building, Penglais Campus

#### James Phelan - Trouble Maker

- 20.00
- (12) Students' Union, Penglais Campus
- www.abersu.co.uk

#### Free: Arts Centre Cinema Offer

14:30

Arts Centre Cinema , Penglais Campus

Escape from New York

# Thursday, 26<sup>th</sup> September

#### Sports Centre Tours and Inductions

Join a **FREE** 30 minute tour providing you with the information and induction that you need to use our equipment.

**FREE** access all week for every student to Sports Centre classes and the swimming pool.

- 10:00; 11:00;12.00; 13.00; 14.00; 15.00; 16.00
- Sports Centre, Penglais Campus

#### Fire Safety Talks

Halls

(5)

For students living in University Accommodation.

These sessions are mandatory for all residents living in University accommodation unless you attended a session during 2018/19.

Please arrive 15 minutes prior to your talk start time and bring your Aber Card with you in order to register.

If you are unable to make it to your allocated session due to academic commitments, please ensure you attend an alternative session.

Talk starts

	Cwrt Mawr /	10.30		
	Trefloyne			
	Rosser / Seafront	12.00		
	Pentre Jane	13.30		
	Morgan (PJM)			
	Fferm Penglais	15.00		
	Blocks 1-14			
	Fferm Penglais	16.30		
	Blocks 15-22			
	2	Great Hall, Arts Centre		
Friday 27 <sup>th</sup> September				
	Pantycelyn-	10.30		
	Penbryn / Fferm			
	Penglais Block 2			
	(Welsh medium			
	talk)			

A6, Llandinam Building

#### Library and Information Services

Pop in to see what services we offer.

- 8.30 22.00
- Library Tours
- 11.00; 12.00; 13.00 (Welsh medium); 14.00; 15.00
- 4 Hugh Owen Library, Penglais Campus

#### Wellbeing Walk-in

Drop in session - further details on page 5.

13.00 - 15.00

Students' Union and Y Sgubor, Penglais Campus

#### (12) (36)

#### FREE Filled Bao Bun

Get a **FREE** filled Bao Bun with every meal from our Asian Ramen and Noodle Bar.

TaMed Da, Penglais Campus,
Penglais Campus

# Meet and Greet - Students' Union

See page 5 for details.

13.00 - 15.00

Parents, Carers, Mature and Independent Students' Meet and Greet

15.00 - 17.00

Black, Asian and Minority Ethnic (BAME)
Students' Meet and Greet

(12) Students' Union, Penglais Campus

#### Welsh Language Karaoke

An opportunity for Welsh speaking students and learners from all academic years to socialise. Organised by UMCA.

19.30

Yr Hen Lew Du, Bridge Street, Aberystwyth

Paint Party

21.00

(12) Students' Union, Penglais Campus

www.abersu.co.uk

# Friday, 27th September



Have you completed and returned your GP Registration Form?

#### Student Support Services

If you're feeling a bit overwhelmed following your arrival at university our staff are here to help.

- 9.00 17.00
- Ground Floor Reception, Student Welcome Centre, Penglais Campus
- For information about out of hours support visit:

  www.aber.ac.uk/out-of-hours-support

#### Fire Safety Talks

For students living in University Accommodation.

These sessions are mandatory for all residents living in University accommodation unless you attended a session during 2018/19.

Please arrive 15 minutes prior to your talk start time and bring your Aber Card with you in order to register.

If you are unable to make it to your allocated session due to academic commitments, please ensure you attend an alternative session.

Halls	Talk starts
Pantycelyn-	10.30
Penbryn / Fferm	
Penglais Block 2	
(Welsh medium	
talk)	
(5)	A6, Llandinam Building

Library and Information Services

Pop in to see what services we offer.

8.30 - 22.00

- Library Tours
- 12.00; 13.00
- (4) Hugh Owen Library, Penglais Campus



Drop in session - further details on page 5.

- 13.00 15.00
- 12 Students' Union and Y Sgubor,
- Penglais Campus

#### Nosh Da - FREE Pizza

Get a **FREE** slice of pizza just by showing that you've downloaded ApAber onto your phone.

- 12.00 15.00
- Nosh Bar, Students' Union, Penglais Campus

#### 🔀 Nosh Da - Delivery Deal

Free 1.5ltr bottle of soft drink with every order.

Nosh Bar, Students' Union, Penglais Campus

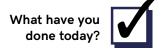
#### **Beach Party**

- 21.00
- 12) Students' Union, Penglais Campus
- www.abersu.co.uk

#### FREE AberEco Keep Cup

Collect a stamp from each food outlet during the week to get a FREE AberEco Keep Cup!





# Saturday, 28th September

# **Sports Centre Tours and**

Regular 30 minute tours providing you with the information and induction that you need to use our equipment.

10.00; 11.00; 12.00; 13.00; 14.00; 15.00; 16.00

#### FREE Swimming and Classes

FREE access all week for every student to Sports Centre classes and the swimming pool.

- 7.15 21.15
- For the full timetable and swimming times visit: www.aber.ac.uk/en/sportscentre
- Sports Centre, Penglais Campus
- Library and Information Services

Pop in to see what services we offer.

8.30 - 22.00

If you're feeling a bit overwhelmed following your arrival at university our staff are here to help.

For information about out of hours support visit:

www.aber.ac.uk/out-of-hours-support

#### Freshers Ball

- 21.00
- Students' Union, Penglais Campus
- www.abersu.co.uk



# Sunday, 29th September

# Sunday Lunch

For only £3.50 you can meet other students whilst enjoying a Sunday lunch carvery.

12.00 - 14.00



Lectures begin on Monday, 30<sup>th</sup> September 2019!

# Plastic-free University...

in the world to be awarded Plastic Free





# Penglais Campus





Checklist							
Ess	sential things for you to do whe	n you	arrive:				
	Collect your accommodation key						
	Collect your Aber Card						
	Activate your email account and Aber Card – these give you access to library and computer services and to some residences. These need to be activated before you can register as a student						
	Register as a student on Tuesday 24 <sup>th</sup> September						
	Make arrangements to pay your fees (tuition	if appropriate, accommodation)					
☐ Enter your emergency/next of kin details onto your student record							
	Download the ApAber						
Regi	stering with a Local GP Practice	9					
Students are required to register with a GP (local doctor) of their choice within the first week of arrival at University. Each practice has a website which explains about the services they offer and how you can register as a patient. This will usually require you to visit the practice. You can download the GP registration form beforehand if you want to, although you will need to visit the practice you have chosen in order to formally register. If you have difficulties completing the form GP practices will be happy to help you do so. Information about GP practices in the area can be found online: www.wales.nhs.uk/sitesplus/862/directory/gps							
If you find yourself feeling homesick, shy, lonely or just a bit overwhelmed following your arrival at university, we have a range of support services that are here to help and listen.							
2	Student Support Service	2	Nightline				
During Big Welcome Weekend come and see us at the Information Fair in the Arts Centre:			onfidential listening and information rvice for students by students.				
	v.aber.ac.uk/en/student-support		·				
(-)	Monday - Friday 9.00 - 17.00	0	· · · · · · · · · · · · · · · · · · ·				
	(until 16.00 on Friday)	C					
(20)	Student Welcome Centre, Penglais Campus		www.nightline.aber.ac.uk				
	Tel: 01970 621761 / 222087	2	Samaritans				
	,	14	comothing's troubling you got in touch				



www.abersu.co.uk

If something's troubling you, get in touch.

Aberystwyth Branch: 01970 624535
National Freephone: 116123
Welsh Language: 0808 1640123

www.samaritans.org